



NEWSLETTER

Web site at www.moniteausaddleclub.com

January, 2010

Officers

President

Kevin Messerli
California – 573-338-3939

Vice President

Maureen Stocksick
Centertown - 573-584-4974

Secretary

Carolyn Twardowski
California – 660-458-6618

Treasurer

Phyllis Herzing
Centertown - 573-584-9324

Board of Directors

3 Year Term

Wayne Bueker
California – 573-796-3503

Theresa Buhr
Lohman - 573-782-3408

2 Year Term

Rick Bowles
Russelville – 573-645-1371

Cheri Messerli
California - 573-796-4751

1 year Term

Dana Johnson
Centertown – 573-584-9411

Visit the web site

www.moniteausaddleclub.com.

"The horse is God's gift to mankind." ~Arabian Proverb



Next Membership Meeting

February 4, 2010

Nic-Nac Café

7:00 p.m.

California, Missouri

The Appreciation Supper went well with 57 members in attendance and all had a good time. The food provided by Nic-Nac was very tasty.

Approximately 100 lbs. of food items & \$114.00 was collected for the Methodist Church Food Pantry. Thank you to all that made donations!! Thank you to Lori Watson for taking the donations to the Methodist Church.

Congratulations to the 3 winners of the donations drawing: Wendy Brizendine, Gina Kuda, & Alex Meisenhiemer. Each of the winners got a \$20.00 bill.

Any body that knows of an equine activity coming up in the future, send the information to Louisa Rosenmiller at motrailrider@gmail.com. She will get the activity added to the Calendar of Events on the website.

Melinda Burgoon has been working on the website & mentioned the guestbook. If you have a few extra minutes, go to the website & VIEW the guestbook. It is rather surprising, & cool, where some of the guests are from.

February Saddle Club Meeting Agenda

Memberships – New & Old
Education Survey Results – Selection of Topics & Dates
Discuss New Trail Challenge Competition Event
American Bridle Horse Apprenticeship Program
Open Discussion

Minutes from Moniteau Saddle Club Meeting
January 16, 2010

The meeting was called to order by Dana Johnson, president.

Ballots for the elections of club officers & new board of directors were passed out. While members filled out the ballots, Carolyn Twardowski drew the 3 names to win the \$20 bills for the food pantry donation drawing. Prizes went to Wendy Brizendine, Gina Kuda, & Alex Meisenheimer.

Dana read a note from Wood Place Library thanking the club for the \$200 donation.

Carolyn Twardowski read the minutes from the December meeting. Gina Kuda made a motion to accept the minutes as read. Jon Johnson seconded the motion. Motion passed.

Phyllis Hemeyer read the treasurer's report. The following checks were written:

Carolyn Twardowski – postage/Nov. newsletters \$16.28

Hyvee – postage/supper invitations \$49.28

MBA Surety – postage/Dec. newsletters \$21.12

Bank – cash \$60.00

Alan Huhn made a motion to accept the treasurer's report. Cheri Messerli seconded the motion. Motion passed.

The ballots were finished being counted.

The club officers are:

President – Kevin Messerli

Vice-President – Maureen Stocksick

Secretary – Carolyn Twardowski

Treasurer – Phyllis Hemeyer

Board of Directors:

Wayne Bueker – 3 year term

Rick Bowles – 2 year term

Dana Johnson – 1 year term

Theresa Buhr will stay on the board to finish her 3-year term & Cheri Messerli will finish her 2-year term.

Kevin Messerli awarded Dana Johnson a cross necklace as a gift from the club for her serving as president for the last 2 years.

Kevin then took over the meeting. He talked about planning more educational activities since there had been none lately. He asked the members for topic suggestions for education seminars. Theresa Anderson voiced the idea of a seminar for 'spring tune-up'; getting your horse ready for riding after the winter months. It will discuss this at the February meeting.

Kevin also talked about wanting to build the attendance of the monthly meetings, the Appreciation Supper, & other club activities.

Tim Anderson brought up the Missouri Equine Council & them keeping up trails on public property. Phyllis stated if the club was going to rejoin the council, it was time to pay dues. Dana Johnson made a motion to rejoin the council. Tim Anderson seconded the motion. Motion passed.

Kevin asked the members their opinions on trail rides: weekend opposed to day rides; how far they were willing to drive; how long, time wise, to ride. The consensus was: More members were interested in the day rides but a lot still want the weekend rides. Saturdays were better than Sundays. Most are willing to drive about 1½ hours to get to a ride. The rides could be up to 6 hours, with a meal break whether on the trail or at the trailers.

The group was asked if anybody wanted to make a change to the charities the club donated to in 2009. The recipient organizations were listed. No different charities were suggested so the club will again donate to Methodist Church Food Pantry, Wood Place Public Library, St. Jude, & Habitat for Humanity.

Dana Johnson stated that Ron Burkett had called her. He is looking for help him with a new program that he is working on called "Children at Risk". She remembered it has to do with troubled kids & horses. Dana said she would call him & see if he would be able to speak at the Feb. meeting.

Cheri Messerli gave an update on the website activities. Melinda Burgoon has been working on the website but between her house fire & Cheri's lightning fried computer, there are some missing pieces of information. Jon Johnson made a motion that a committee be formed to go through the website, decide what areas should be kept & get it back into an active website. Tim Anderson seconded the motion. It was decided that Cheri Messerli, Melinda Burgoon, Kristi Schroer, & Louisa Rosenmiller make up the committee.

Louisa Rosenmiller was given a big thank you for keeping up the Calendar of Events. Louisa reminded everybody that if they knew of an equine activity, to send her the information & she would get it added to the calendar.

Maureen Stocksick brought up the subject of the officers not knowing if the information sent to the members, mostly by email, was received. She told the members in attendance that if they would send a reply stating they received the message or, at least just hit reply & return the message, we would know they had gotten the information.

Alan Huhn made a motion to adjourn the meeting. Tim Anderson seconded the motion. The meeting was adjourned.

MARK YOUR CALENDAR

June 26, 2010

St. Jude Game Day

July 4, 2010

California 4th of July Parade

July 31, 2010

County Fair Parade

&

Show-Me Show

September 11, 2010

St. Jude Trail Ride

Welcome New Members!

Monique Frazier, Karen Higgins
& Jeannie Scheperle

Welcome Returnees!

Ruby Lake, Bonnie Riley &
Diane Roods

BE SURE TO GET YOUR PERMIT TO RIDE IN 2010!

**MARION BOTTOMS CONSERVATION
AREA**

Contact the Missouri Department of Conservation at
660-530-5500 Ext. 230

Ask for a "Special Use Permit" for Horseback
Riding in the Marion Bottoms Conservation Area.



It is time for 2010 membership dues to be paid. Members' dues that are not paid by the end of February will no longer receive the newsletter or other messages.



Wood Place Public Library

501 South Oak Street
California, Missouri 65018

Phone: 573-796-2642
Fax: 573-796-6108
E-mail: librarian@woodplacelibrary.org

January 8, 2010

Dear Members of Moniteau Saddle Club,

On behalf of the Wood Place Library Board of Directors, I would like to extend our sincere thanks and appreciation to you for your special donation in 2009. Your gift of \$200.00 was used to purchase children's horse books. Your thoughtful gift helped us to provide good books for young readers.

It is in gratitude that we thank you for supporting our mission to serve the community of California in these lean economic times when we faced budget shortfalls. May you know that your gift has made a difference and has helped the library maintain its commitments to the patrons and community we serve. It is our hope that you will consider a similar gift in 2010.

Sincerely,

Nancy Lewis

Nancy Lewis
Interim Director



Join Us for Cowboy Mounted Shooting Practice in Columbia, MO!

January 15, 2010
February 19, 2010
March 19, 2010
April 16, 2010

Keep motivated and keep riding to be ready for next season at our monthly indoor practices! We will be riding and shooting every 3rd Friday of the month through April!

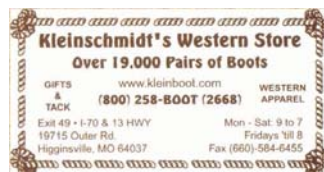
The practices will be held at the Midway Exposition Center outdoor covered arena, Exit 121 off I-70, west of Columbia, Missouri. Anyone and everyone interested in Cowboy Mounted Shooting is welcome. Current Coggins and vaccinations required. Practice is \$15.00 per person. Please bring your own ammo. Practice held rain or shine.

This practice is sponsored by the Show Me Mounted Shooters. We have the arena from 5:00 until 11:00 pm. We will begin blowing up balloons at 6:00 p.m. and go until everyone is tired or out of ammo.

Note to Newbies: If you have wondered about mounted shooting, please come on out, with or without your horse. These practices are low key and great fun. We set up different patterns. Bring your horse and let him listen to the gun fire to start to desensitize him. You can help set balloons off your horse and practice run the patterns without shooting if you'd like.

For additional information, or possible cancellations due to road conditions, please call George Hartman at (660) 841-5351 or Laura Smith at (573) 881-3833. Visit our website at www.showmemountedshooters.com

Visit Our Sponsors:





2010 Membership Application

Complete form and return to:
Carolyn Twardowski, Secretary
33654 Highway MM
California, MO 65018
Payment must accompany the form.
Make check payable to:
Moniteau Saddle Club

The **Moniteau Saddle Club** is a non-profit, community-based, family-oriented organization comprised of members and volunteers dedicated to education and skill development in all disciplines pertaining to equine activities.

INDIVIDUAL - \$15/year

FAMILY - \$25/year – Family is considered to be all occupants of a single household.

NAME _____ BIRTH DATE _____

ADDRESS _____ CITY/STATE/ZIP _____

HOME PHONE _____ WORK PHONE _____

CELL PHONE _____ E-MAIL _____

What type of horse(s) do you own? Quarter Mules Gaited Other _____

Do you want to receive a monthly newsletter by e-mail or mail? E-mail Mail

Check committee(s) would you like to serve on?

Show Committee Trail Committee Promotions Education St. Judes Trail Ride Appreciation Dinner

Names of members

_____ Birth Date _____ _____ Birth Date _____

_____ Birth Date _____ _____ Birth Date _____

_____ Birth Date _____ _____ Birth Date _____

Interests: (Please check all that apply)

- | | | |
|--|---|-----------------------------------|
| <input type="checkbox"/> Trail Rides | <input type="checkbox"/> Overnight Rides | <input type="checkbox"/> Hayrides |
| <input type="checkbox"/> Barrel Racing | <input type="checkbox"/> Parades | <input type="checkbox"/> Training |
| <input type="checkbox"/> Horse Shows | Showing: <input type="checkbox"/> Halter <input type="checkbox"/> Performance | |

Other (please specify) _____

Note: The MONITEAU SADDLE CLUB, its officers, or any member thereof, are not responsible and will not be responsible for accidents or damage done to any person, animal or property at any time, place or event sponsored by, or otherwise affiliated with this club or its officers, representatives or members thereof.

Applicant's Signature _____ Date _____

Spouse's Signature _____ Date _____

Equine Colic

Colic is a catch-all phrase in horses that means they have mild or severe discomfort in their abdomens

Overview

Colic is defined as the presence of abdominal pain. It is a non-specific, catch-all phrase as there are multiple causes of colic. Colic episodes can occur suddenly or can be mild and relatively self-limiting, waxing and waning over the course of several hours or even days. Signs of colic in horses are variable and often depend on the severity, location, and cause of the pain. Some typical signs of colic are:

- Lying down more than normal or getting up and lying down repeatedly;
- Standing stretched out or urinating frequently;
- Sweating, anxiety, trembling;
- Flank watching;
- Inappetance and depression;
- Pawing the ground;
- Decreased fecal output or diarrhea;
- Kicking or biting the abdomen;
- Curling the upper lip repeatedly;
- Sweating; and
- Rolling or thrashing.

Causes of Colic

While dysfunction of the heart, musculoskeletal system, or urogenital tract can also cause a horse to colic, the majority of colic episodes stem from the gastrointestinal tract. A horse's gastrointestinal system is complex in structure and function, and virtually any aspect of the gastrointestinal tract can be affected. Some of the more common causes of colic (broken down by anatomic location) are stomach ulcers, distension, tumors, and impactions. Here are locations and typical colic causes:

Small intestine Impactions, enteritis (inflammation of the intestinal tract), displacements, torsions (twists), ileus (lack of gut motility), infarctions (obstruction of blood supply to the intestine), obstructions, and intussusception (one section of the intestine telescopes inside another part and becomes entrapped).

Cecum Perforations, torsions, intussus-



A horse that is colicky might look at or bite at his flanks or side.

ceptions, infarctions, and impactions.

Large intestine Gas distension, impactions, enteroliths (formation of "stones"), torsions, displacements, obstructions, and ulcers.

In some cases, the inciting cause for a particular colic episode is never determined. Some of the more common factors believed to contribute to colic include (in no particular order) inadequate water intake; consumption of poor-quality feeds or abrupt changes in diet (e.g., overconsumption of high energy feeds); pica (consuming non-food items); ingesting sand; exposure to (and consumption of) toxins, poisons, or molds; and stress secondary to changes in housing or daily routine/exercise or transportation. Studies also have demonstrated that horses with a history of colic or colic surgery are at risk for future episodes.

Call Your Veterinarian

If your horse is colicking, call your veterinarian immediately. If possible, check your horse's vital signs (see TheHorse.com/11283). This information will assist your veterinarian in establishing the severity of the colic episode and whether or not your horse is likely to require referral to a veterinary hospital for advanced care. While waiting for your veterinarian to arrive, remove any sources of food and water. If possible, move your horse to an area that is safe in case he rolls, but do not put yourself in danger to do so. Do not administer any medications before your horse has been examined by the veterinarian.

Diagnosis

Once your veterinarian arrives, she/he will perform a physical exam and ask questions regarding the history of this and previous colic episodes. In addition to measuring heart and respiratory rates and assessing hydration and blood flow (perfusion), the veterinarian will auscultate (listen to) the horse's abdomen to determine if the gut sounds are increased, decreased, or absent. A tube might be passed through the horse's nose to the stomach to determine if there is excess fluid in the stomach. This fluid is referred to as "reflux." The stomach has only a small volume and horses are unable to vomit. Thus it is important to ensure that fluid from the small intestines is not "backing up" into the stomach, causing distension, pain, or rupture. If a large volume of reflux is present, the veterinarian might elect to fasten the nasogastric tube to the halter to allow for repeated refluxing (rather than repeatedly passing the tube).

One of the most important aspects of assessing a colicky horse is the rectal examination. While a veterinarian's arm is small and a horse's abdomen is large, a great deal of information can still be gleaned from a rectal exam. For example,

a veterinarian can palpate (feel) some impactions, displacements, or gaseous distensions. Ultrasonography can also be a useful diagnostic tool in colicking horses.

Treatment

The majority of colic cases can be successfully managed by the primary veterinarian on the farm. Analgesics (pain medications) and sedatives are the cornerstone of colic treatment. Intravenous fluids or oral fluids and/or a laxative (e.g., mineral oil) are often included in the routine management of colic.

When does a colicking horse need to be referred to a hospital? This is a difficult decision with no single answer. It depends on the severity of the colic, if the horse is insured, whether a trailer is available, and the location of the closest referral center, among other considerations. In general, horses that don't respond to one or two doses of analgesics or sedatives or have other signs indicative of severe disease are typically referred to a hospital for advanced diagnostics and treatment.

Surgical management The goals of surgery are to relieve pain, correct fluid and

electrolyte imbalances, identify and repair the cause of colic (e.g., removing a section of dead intestine, replacing displaced organs), and stimulate and maintain intestinal transit. Despite a successful surgery, post-operative complications—such as incisional infections and swelling, laminitis, abdominal adhesion (scar tissue) formation, and ileus (lack of gut motility)—remain important causes of morbidity and mortality.

Medical management Horses treated non-surgically are held off food and water, are routinely administered analgesics, and are given fluids to restore and maintain appropriate hydration and electrolyte levels. Additional medications (depending on the underlying cause) can include antispasmodics, laxatives, and pro-motility agents.

Prognosis

While colic is the second-most-common cause of death in horses, most cases of colic have successful outcomes. According to one study, only 16.3% of colicking horses required surgery, and the overall mortality rate for colic was 11%.

FAST FACTS

- Colic is defined simply as the presence of abdominal pain.
- Gastrointestinal system dysfunction is the most common cause of colic in horses, but pain originating from the heart (aortic rupture, etc.) or urogenital systems can also cause a horse to be colicky.
- Common causes of colic include impactions, enteritis, displacements, torsion, ileus, infarctions, obstructions, or intussusception of virtually any component of the gastrointestinal tract.
- Not all cases of colic can be prevented, but appropriate and consistent management will decrease the chances of colic.

In other words, almost 90% of horses recovered.

Prevention

Ways to minimize colic incidents include maintaining a regular exercise program, ensuring free access to water, keeping a consistent feeding schedule, and controlling internal parasites. Institute any changes in diet or routine slowly, and avoid changing more than one factor at a time. 🐾



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